PanuiMaramawaru August 2022



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Getting together, at last!

Blink but you didn't miss it... there was no newsletter in July, but we're back with an action packed weekend ahead of us and everything getting back into gear as the sun comes back and spring really starts to feel like it's on it's way.

July was a tough month for many of us, weeks on end of rain and grey skies, saturated soils, flooding landslips and sickness. The coordination team was no exception to this so it ended up being a very low key month. We did however get 8/9 of the coordination



From L-R: Margaret, Barbara, Paula, Rebecca, Anna, Shona, Janey and Jane

team in the same place at the same time for a hui in Kaeo. This was the first time several of us had met in person and it reminded us just how vaulable those face to face connections are. We're looking forward to having more ways to connect our members as the weather improves. Happy timebanking, *Anna*



Kaipātiki Eco Hive is at 195 Puketona Road Paihia, about half way between the Haruru Falls turn off and the junction to Waitangi.

Mending Morning success

Something has been brewing at Kaipātiki Ecohive and its not just Jonty's Java!

Little and Local is a market for the community and for Papatūanuku. The market begins on the 27th August but this weekend we invite anyone who wants to check out the new space at the Ecohive to drop in and find out what the new space looks like. While you are there why not make a T-shirt bag in The Sewing Space, sign up for a holding a stall, put your name down for up and coming cropswaps, refill your containers at Little Giants and have a coffee and some vegan delights from Jonty? What more could you want on a Saturday? Jane

Coordination team:

Regional Coordinators: Anna Dunford taitokerautimebank@gmail.com and Paula Walker paula.tttimebank@gmail.com

Te Hiku West: Shona Macdonald shona.tttimebank@gmail.com
Te Hiku East: Rebecca Ranum rebecca.tttimbank@gmail.com
Whangaroa-Kerikeri: Barbara Belger barbara.tttimebank@gmail.com

Bay of Islands: Jane Edwards jane.tttimebank@gmail.com

Mid North: vacancy - contact Paula if you need help, contact Anna if you'd like the paid job for 5hrs a week!

Hokianga: Janine McVeagh janine.tttimebank@gmail.com

Whāngārei Urban & North: Janey Pares Edney janeype.tttimebank@gmail.com **Whāngārei South & Kaipara:** Margaret Baker margaret.tttimebank@gmail.com

Re-Opening of the REPAIR CAFE

Saturday 27th August 2022 will see the first day of the Repair Cafe in its new location and ALL are welcome!

TimeBank members will get priority, so do get signed up! Non members: KOHA - the same set up as you are used to in Paihia, an energy exchange

As it's a timebank organisation you as a timebank member will create exchanges for either doing repairs or receiving repair services.

Seriously cool AND seriously keeping things out of landfills!!

Where: The Left Bank, 150 Broadway, Kaikohe 0405, Phone 09-283 5534

We throw away vast amounts of stuff. Even things with almost nothing wrong, and which could get a new lease on life after a simple repair. The trouble is, lots of people have forgotten that they can repair things themselves or they no longer know how. Knowing how to make repairs is a skill quickly lost. Society doesn't always show much appreciation for the people who still have this practical knowledge, and against their will they are often left standing on the sidelines. Their experience is never used, or hardly ever.

The Repair Café changes all that! People who might otherwise be sidelined are getting involved again. Valuable practical knowledge is getting passed on. Things are being used for longer and don't have to be thrown away. This reduces the volume of raw materials and energy needed to make new products. It cuts CO2 emissions, for example, because manufacturing new products and recycling old ones causes CO2 to be released.

The Repair Café teaches people to see their possessions in a new light. And, once again, to appreciate their value. The Repair Café helps change people's mindset. This is essential to kindle people's enthusiasm for a sustainable society.

But most of all, the Repair Café just wants to show how much fun repairing things can be, and how easy it often is. Why don't you give it a go?

Kerikeri CropSwaps are back - we had a well deserved little break in July and now it's all go again. August is a SEED SWAP time, so watch out for Heritage Seeds from our Kerikeri Seed Library and do bring along your seeds to swap (well labelled and organic).

This Saturday is also a Healing Circle at 1pm and Fruit Tree pruning at the community garden at 2pm It'll be fantastic to see you all again Barbara

The Healing Hut, Kerikeri after the storms! Thanks to a working bee this has now all been restored.







Bread Making Workshop & Social

When: 2pm on Saturday 13th August 2022 Where: 7a Waimahanga Road, Onerahi

Love the smell of freshly baked bread??

Come to this workshop and learn how to make

bread really easily!

Tutors: Brent Burge & Janey Pares Edney Brent has a couple of recipes he'll be demonstrating using dried yeast:

- a plain white wheat flour loaf
- a wholegrain loaf made with mixed white and wholemeal flour, kibbled wheat, molasses and pumpkin...

Janey will be showing you how easy it is to make your own sourdough bread full of nuts and seeds - no kneading needed!!

This a wonderful opportunity to meet other Timebankers in your rohe. Connecting up face to face in a relaxed and friendly space makes us all feel much happier about sharing our skills with people we know. Building relationships in this way makes exchanges so much easier and enjoyable! As always there's the opportunity to expereince Brent and Wanda's incredible edible garden. Filled with exotic fruit and veggies - grapes, apples, pears, plums, figs, feijoas, jaboticaba, lucuma, atemoya, kei apple, pimenta, surinam, casimiroa, spreen and lots of others. Brent's always happy to share his wealth of horticultural knowledge.

No need to register – just come and join in. Children are welcome, but must be adequately supervised - the section is pretty steep! There is a toilet inside their home which is available.

Brent and Wanda will provide teas and coffees and we suggest you bring a plate of something yummy to share for afternoon tea.

Parking: Please park on Waimahanga Road & walk up the driveway & consider car sharing. This is for Timebank members & members in the application process.

Non-members are welcome for a \$30 workshop fee. Janey





As it's pruning season it's great that Mike will be offering knife & tool sharpening etc at the Hapori Day again!

Paihia's Sew Good

After a wonderful trip over to Russell to see what is happening in their Fixation shop we are ready to start find volunteers for Paihia's Sew Good. The aim will be to reduce waste heading to landfill, share skills and as always bring community together.

Could you upcycle, mend and create clothing out of what would otherwise be heading to land-fill? This can be done at home or at The Sewing Space, 195 Puketona Road (at the Eco HIve). Items made and mended will be returned to Focus Paihia Op Shop to sell for charity. Weekly meet ups to share and inspire, pick up and drop off items.

Contact *Jane* for more information jane.tttimebank@gmail.com





Community connections

The run of storms has took its toll on the land, and the Healing Hut at Kerikeri Organics lost it's roof in one of them (see photo p2). Huge thanks to everyone who mucked in to helped repair it! According to Barbara it's all fixed now and 'better than ever'!

In addition to the roof raising a working bee was held to make up envelopes for the Kerikeri seed library for seeds to be taken away in. Four of the

participants chatted about their hobbies and interests and discovered they ALL love dancing!

Nek minute: phone numbers were exchanged and arrangements made to attend the next Salsa evening, a Jazz programme and agree on having heaps of fun!

Green Drinks

This monthly event is hosted by Ecosolutions, who have taken on the responsibility of reviving them. It's held in the new Hātea Art Precinct Studio, 91 Dent St, Town Basin, Whangārei. It's a great opportunity to connect with fellow Timebankers, and connect with the two Whangārei Local Coordinators Janey (Whangārei Urban & North) and Margaret (Whangārei South & Kaipara).

Real green drinks (alcoholic & non-alcoholic) are available with nibbles and if you're lucky, Brent's extraordinary looking infamous Japanese Raisin Fruit / vegetable!

Next one Tues 16th August, 6-7.30pm



Tai Tokerau Timebank is a programme of
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