

Pānui Maramaono - June 2022



Tai Tokerau TIMEBANK

www.taitokerau.timebanks.org www.facebook.com/taitokerautimebank

Getting together, getting things done!

We've passed the landmark of 7,000 exchanges recorded! The lucky exchange was 6hrs gardening in Kohukohu. Each person in that exchange has been given 1 timecredit to say thank you for recording the exchange. If folk don't record their timebank exchanges we have a hard time justifying our funding, so please remember to do so!

We didn't notice the landmark until we'd reached 7,012 exchanges on 20th May, but it was still worth celebrating on Facebook! (right) Over 2,000 of them were logged in the last 18 months, and the exchanges started being counted in 2009. It just shows how much we've grown!

Currently over 29,860 hours have been exchanged - who will record our 30,000th hour? I'll be keeping an eye open for it... Happy timebanking, *Anna*



Mending Morning success by Shona

What a blast we had at last month's Mending Morning & Tool Sharpening event in Kaitiāia! Anna and I worked on mending donated items that will soon be available at the EcoCentre next door sometimes all something needs is some simple mending or a new button, and it's good as gold again. Merryn helped Tilly with a much loved and very warm blanket that just needed some new binding around the edge, making it look practically brand new! Pascal was a gem and helped sharpen 30+ tools outside. He'll be back June 25th with even more tricks up his sleeve!



Our Mending Mornings / Repair Cafés in Kaitiāia are happening every last Saturday of the month at Anō Anō from 11AM-1PM. Come on by after the market with your tools that need sharpening and clothing/textiles that need mending! Everyone is welcome, koha or timecredits welcome too. The next one will be Saturday 25th June.

On the move!

Paihia Repair Café is relocating to Left Bank, Kaikohe. On Saturday 25th June 1-4pm the tools, benches and supplies will be moved and set up at the new venue, followed by a shared kai. Help needed! See p3 for more information

Coordination team:

Regional Coordinators: Anna Dunford taitokerautimebank@gmail.com and Paula Walker paula.ttttimebank@gmail.com

Te Hiku West: Shona Macdonald shona.ttttimebank@gmail.com

Te Hiku East: Rebecca Ranum rebecca.ttttimebank@gmail.com

Whangaroa-Kerikeri: Barbara Belger barbara.ttttimebank@gmail.com

Bay of Islands: Jane Edwards jane.ttttimebank@gmail.com

Mid North: *vacancy - contact Paula if you need help, contact Anna if you'd like the paid job for 5hrs a week!*

Hokianga: Janine McVeagh janine.ttttimebank@gmail.com

Whāngārei Urban & North: Janey Pares Edney janeype.ttttimebank@gmail.com

Whāngārei South & Kaipara: Margaret Baker margaret.ttttimebank@gmail.com

Regeneration

Whangārei Regenerative Group was formed when Janey, Whangārei Urban & North local coordinator, met with Mary Tingey who runs Maara Kai Wai-a-Ariki Onerahi-Rahi Community Garden. Based beside St Stephens Church in Onerahi we also met with Paul, the church caretaker. The first community meeting was a pizza making afternoon and was a successful networking session which resulted in 3 new Timebank members.

Our 2nd meeting was a Hot Soup & Bread gathering to which 10 Timebank members came. Other community groups represented included Ecosolutions, Transition Town Whangārei, Men's Shed, Tree Crops, Voices for Freedom, Green Drinks, The Big House Project, Sustainable Whangārei, FORCE, Love Whangārei Monthly Clean Ups, GLocal Ecovillages, Bloom Whangārei, Wholefood Co-op Whangārei, Dreamscapes Whangārei, Te Wairua o te Moananui - Ocean Spirit.

If you want to get involved in future discussions and actions to regenerate Whangārei get in touch with Janey janeype.ttimebank@gmail.com

Welcome (back) on board Rebecca!

When the founder of your Timebank rings up and says they're interested in taking on a Local Coordinator role you don't say 'No', at least not when it is Rebecca Ranum!

Rebecca set up Kaitāia TimeBank back in 2009 under the auspices of Transition Towns Kaitāia and was the coordinator for many years prior to us morphing into Tai Tokerau Timebank. Now she's taken on the role of Local Coordinator for Te Hiku East. Based in Peria and actively involved with Ārāma Gardens she's in a great place to give a boost to happenings in that rohe.

Her email address is rebecca.ttimebank@gmail.com Rebecca is also continuing in her role as the manager of the EcoCentre Kaitāia and can usually be found there on Wednesdays, Thursdays and Fridays 10-3. She'll introduce herself properly in the next newsletter.



National Volunteer Week

It's National Volunteer Week this week, and we'd like to acknowledge the huge amount of volunteering that happens in and around Tai Tokerau Timebank. Not just you wonderful people who help TTT out, but all those who support our 58 member organisations with your time and energy.

Timebanking is a great way for organisations to be able to reciprocate the contribution of their volunteers. Keep your eyes open on the Requests for ways you can help our organisational members.

What's more for those who volunteer in other ways in their local communities we have our 'Random Acts of Kindness' exchange where members can log their hours spent helping non-members, and various Covid assistance categories where our Community Fund pays out the timecredits to acknowledge the contribution our members make to keeping their local communities thriving.

If you'd like to get your volunteer organisation involved with timebank our local coordinators can come along and discuss this and/or give an introductory talk about timebanking.

Remember you can pay your annual subs for TTT with 2 timecredits if you earned them through the 'Help our Timebank' category, we have a wide range of ways you can do this from simply recommending a new member who completes their orientation, to hosting events, sharing TTT posts and events on social media, admin tasks and many more! Talk to your Local Coordinator if you're stuck for ideas.



All change at the EcoHive

The shed at Kaipātiki Eco Hive is getting demolished. The Repair Cafe is relocating to Left Bank in Kaikohe. There's a working bee on Saturday 25th June 1-4pm to relocate the tools and materials from Paihia to Kaikohe and get set up at the new venue, followed by a shared kai. If you can help at either end, even if it is just turning up in Kaikohe with a plate of goodies to eat that would be fantastic. It would be really helpful if you could let Jane know if you're able to help out and if you can provide transport between sites, especially if you have a truck and/or trailer. The Sewing Space will be getting a new space to work from at Kaipātiki but won't be operating whilst the building work is happening through June and possibly into July. However if you want to join other Paihia Sew Good volunteers to help upcycle, make and mend to keep textile waste out of landfill do contact Jane as there's still plenty that can be done at home! Needless to say timecredits are earned for time put in.

Jane jane.ttimebank@gmail.com

Hapori Days

If you're in Rāwene on the second Saturday of the month head along to the old Rāwene Campus for their Hapori (Community) Day. These are starting to get some real traction, with a no money philosophy that lends itself perfectly to timebanking! A mixture of Crop swap and repair cafe, with kai, music and activities. Bring, swap, share: plants, seeds, baking, useful items, skills - whatever you want to share with others. Contact Janine McVeagh for more information.

Clothing Rescue and Upcycling Mondays with Wendy

at Anō Anō, 10AM-3PM

If you're an independent sewer/crafter and you'd like to volunteer at Anō Anō in Kaitāia, come and help us keep clothing out of landfill, get creative with upcycled clothing design, and make plastic alternatives for our community!

Receive timecredits for your time spent helping out (and having fun)! Contact Wendy Graydon at sarahwendygray@gmail.com for more info.

Anō Anō is a Timebank Organisational Member, hosting regular workshops on sewing, upcycling, making fabric crafts, and taiao-friendly products.

Timebanker Tale: Random Acts of Kindness

Some of you may have noticed a new 'Request' from our Community Fund. The 'Random Acts of Kindness' Request is a way of acknowledging the time many of you put in to your local communities that don't qualify for timecredits. We wish to celebrate your mahi with timecredits to encourage you to be receivers as well as givers! If you are able to pop a brief description in the 'Description of Service' box eg "Random Acts of Kindness - lift to hospital" it helps us get an idea of what you're all doing.

The first person to log an exchange under this title was Emmy, and Paula followed up with her find out more:

Hi Paula,

We have several elderly in our community and also people isolating with Covid. So I have been keeping my ear to the ground and reaching out delivering home cooked meals. Made with fresh homemade pasta and bread for people who have needed an extra boost and a healthy meal.

I also was caring for a family that had to isolate for two weeks with Covid. The whole family went down. So I reached out and then drove to Whangārei to run their errands. Including groceries and animal needs. Then down to Waipu to the vet to get their newborn kittens syringes and milk powder. As their poor mumma was run ragged with 9 of them!! Oh I felt for that mumma!

This week I have four homes I'm caring for. Five evenings of dinners have been delivered.

It's a busy week!

Emmy

Have you got a Timebanker tale to share? We'd love to hear your stories, email/messenger your local coordinator, or email Anna on taiokeerautimebank@gmail.com

Upcycle Fashion Show.

On Friday 9th September at Anō Anō/EcoCentre Kaitāia there will be an early evening upcycle fashion show highlighting the fantastic design & maker talent we have in the Far North.

The evening will be informal & fun with music, refreshments & time to meet the makers/designers, socialise & peruse items from the EcoCentre.

If you would like to help with the dress rehearsal & running this event on the night, please contact Rebecca by calling into the EcoCentre on Wed, Thur or Fri or by calling 021 0826 0361

Vine Pruning Workshop and Social by Janey

Saturday 11 June dawned encouragingly with sunshine so we were extremely lucky to enjoy a warm, sunny and dry day at Brent and Wanda's wonderful home and edible garden. Brent is a long time Timebanker and is always happy to share his wealth of knowledge on gardening.

We welcomed six members and three people interested in joining. It was great to have Margaret Baker, co-ordinator for South of Whangārei – Kaipara, come along to join in the fun!

After a brief intro and the usual friendly chatting, we wandered into the garden for the actual vine pruning demo by Brent. There are quite a wide variety of vines in their terraced, hillside garden and we learnt a couple of different methods to prune them. Some of us were brave enough to have a go and Brent handed out cuttings for us to take home and plant.

Brent and Wanda kindly supplied us with teas and everyone brought a plate of yummy cake to share. More enjoyable conversations and discussions followed over tea, as well as a great sharing of ideas for future workshops: building a solar oven & Loraina Stove; sauerkraut making; bread making; banana growing; foraging; natural balms; Rongoa; preserving olives.

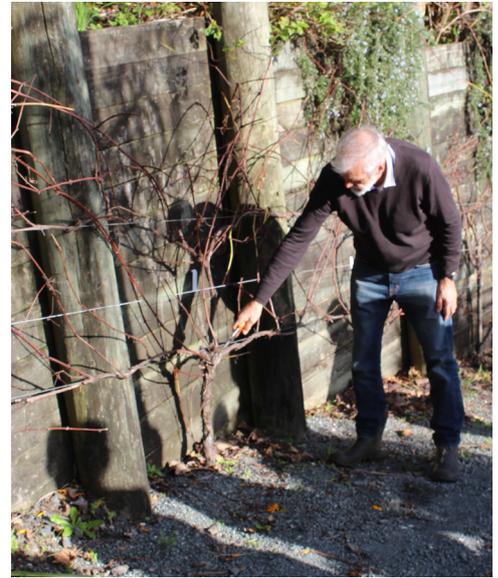
After tea we followed Brent outside for a guided garden tour. It's a very productive space with many unusual and exotic fruits and veggies: Japanese raisin tree, grapes, apples, pears, plums, figs, feijoas, jaboticaba, lucuma, atemoya, kei apple, pimenta, surinam, casimiroa, Mexican guavas, tobacco, Okinawa spinach, Natal plum, finger lime.... and lots more. He also grafts new and interesting fruit tree varieties onto his existing trees.

We all went away full of enthusiasm for growing, and were nourished by the connections we made with fellow Timebankers.

These gatherings are wonderful ways to enjoy face-to-face connections with other Timebankers and they make exchanges so much easier. By building personal relationships we build stronger community connections. Timebank will have three new members as a result of today. Whangārei Timebankers will be holding regular monthly workshop / socials from now on. Brent and Wanda have very kindly offered their home as a meeting space for future gatherings: 7a Waimahunga Road, Onerahi, Whangārei.

Saturday 9th July 2-5pm will be knife sharpening. Bring your knives / secateurs / shears and learn how to get that sharp edge!

On August 13th we'll be bread making.



Janey & Margaret



Green Drinks in Whangārei on Thursday 16th June was hosted by EcoSolutions, who have taken on the responsibility of reviving them. Held in the new Hātea Art Precinct Studio, attended by 8 Timebankers, including Margaret Whangārei South Coordinator. Janey was able to introduce herself to members and talk about what's happening locally with Timebank. Real green drinks (alcoholic & non-alcoholic) were enjoyed by all together with nibbles and Brent's extraordinary looking infamous Japanese Raisin Fruit / vegetable! This will now be a regular monthly event. Next one Tues 19th July same place.

*Tai Tokerau Timebank is a programme of
Te Pokapū Tiaki Taiao O Te Tai Tokerau Trust CC22755*

Registered office: Shop 5, 42 Commerce Street, Kaitiāia 0410 www.ecocentre.co.nz

With thanks to our current funders:

*Lotteries Community Funding, LW Nelson Trust, Pub Charity, and Whangārei District Council who fund us specifically;
and Foundation North, Oxford Trust and Environment Hubs Aotearoa who fund the Trust to our benefit*